Medi-Cal and CalFresh Policy Change Timeline

2026

Medi-Cal - January 1
Reinstated asset limits for older adults and people with disabilities

Full-scope enrollment freeze for undocumented adults

CalFresh – April 1
Several categories of noncitizens excluded from CalFresh eligibility

CalFresh – June 1
Re-established work requirements for Able-Bodied Adults Without Dependents (ABAWD) ages 18-64

Medi-Cal - July 1
Dental coverage eliminated for undocumented adults ages 19+

Medi-Cal – October 1
Certain individuals are no longer recognized as Qualified Non-Citizens (QNCs)

2027

Medi-Cal - January 1
Most adults ages 19-64, regardless of immigration status, must meet work requirements or prove they are exempt to keep their coverage

Most adults ages 19-64, regardless of immigration status, are required to renew every 6 months

Retroactive coverage period shortened for all Medi-Cal applicants

Medi-Cal - July 1
Premium requirements for undocumented adults ages 19-59 receiving full-scope Medi-Cal

2028

Medi-Cal - October 1
Co-payment requirements for certain health care services for most adults ages 19-64, regardless of immigration status

OC Social Services Agency

Disclaimer: The details contained in this presentation are subject to change as official guidance is issued.

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